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Anticholinergic Versus Antihistaminic Treatment for Simulator Sickness Prevention

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Why is this article important to you?

Following the completion of this activity, learners will be able to explain the differential therapeutic use of antihistamine and anticholinergic medication in the treatment of motion sickness. Additionally, learners will gain an appreciation of various forms of motion sickness (specifically differentiating simulator motion sickness that models augmented and virtual reality from other forms of motion sickness) and how differential treatment approaches benefit patient outcomes. Finally, clinical practitioners will be better equipped to improve patient outcomes in the prevention and treatment of motion sickness.



ACPE Accreditation Statement

The American College of Clinical Pharmacology® is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.

UAN: 665-0000-23-035-H01-P– ACPE 1 Contact Hours

Activity Type: Knowledge-based **Format:** Home-study **Target Audience:** 'P'



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ACCME Accreditation Statement

The American College of Clinical Pharmacology® is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME Designation Statement

The Accreditation Council for Continuing Medical Education designates this journal CE activity for 1 *AMA PRA Category 1™* credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Target Audience

Interprofessional team of Physicians, Pharmacists, PhDs, Nurse Practitioners and Physician Assistants interested in understanding the differential therapeutic use of antihistamine and anticholinergic medication in the treatment of motion sickness.

Learning Objectives

After completing this activity, the learner will be able to:

1. Employ the Simulator Sickness Questionnaire to evaluate motion sickness;
2. Set expectations for patients in preventing motion sickness with the use of antihistamine or anticholinergic medications;
3. Counsel patients on the use of cinnarizine for motion sickness.

Requirements to Receive Credit

In order to receive continuing medical education (CME) or continuing pharmacy education (CPE) credit, the learner must register for the educational activity, study the provided journal article, complete the online learning Self-assessment Post-test as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed within thirty (30) days of completing the article, Post-test and Evaluation. Contact CE@ACCP1.org with any questions.

Disclosures:

- Article Selection: Joseph Bertino, PharmD, FCP, FCCP, Editor-in-Chief, JCP and Owner, Bertino Consulting Inc, selected the article for this course and has nothing to disclose.
- Planner: Oliver Grundmann, PhD, FCP, Assistant Dean for Lifelong Learning, Univ of Florida, , planned the continuing education documentation for this course and has nothing to disclose.
- CE Reviewer: Otito Frances Iwuchukwu, RPh, PhD, MA, Associate Professor, Dept of Pharmaceutical Sciences, Fairleigh Dickinson University School of Pharmacy & Health Sciences, served as the CE Reviewer and has nothing to disclose.

Schedule & Fees

JCP monthly Journal CE articles are generally released on the 1st or 2nd Tuesday of each month. They are priced in packages of January to December for each year. Packages are available at no cost to ACCP Members and \$75/calendar year to Non-members. Once you register, you have access to all of the Journal CE articles for the calendar year.

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Home Study Initial Release and Expiration Dates

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Expiration Date: 10/1/2026

Online Location:

<https://ce.accp1.org/products/2023-accp-journal-of-clinical-pharmacology-journal-ce-monthly-ce-offerings?token=WwOfO6X/XONcCWLl9ZRCLg==>