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Evaluation of Occipital Nerve Blocks for Acute Pain Relief of Migraines
March 2020 – *The Journal of Clinical Pharmacology* (JCP)

Why is this article important to you?

Migraines are a debilitating neurological disease affecting as many as 1 of 6 adults in the US. Occipital nerve block, consisting of a local anesthetic and/or corticosteroid, has shown to be an effective treatment for the management of migraines. Occipital nerve block has been reported to reduce migraine pain scores, frequency and duration. At the conclusion of this activity, learners will be able to evaluate the therapeutic utility of occipital nerve blocks for the rational management of migraine.



Joint Accreditation Statement

In support of improving patient care, the American College of Clinical Pharmacology® (ACCP) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UAN: JA4008220-0000-20-034-H01-P– ACPE 1 Contact Hours

Activity Type: Knowledge-based **Format:** Home-study **Target Audience:** 'P'

ACCME Designation Statement

The Accreditation Council for Continuing Medical Education designates this Journal CE activity for 1 *AMA PRA Category 1™* credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Target Audience

Interprofessional team of Physicians, Pharmacists, PhDs, Nurse Practitioners and Physician Assistants.

Learning Objectives

After completing this activity, the learner will be able to:

1. Evaluate the impact of occipital nerve blocks on pain scale assessments for migraine;
2. Identify anesthetics utilized in occipital nerve blocks;
3. Identify the duration of therapeutic effect associated with repeat administration of occipital nerve blocks;
4. Evaluate changes in migraine symptomatology following nerve block administration.

Requirements to Receive Credit

In order to receive continuing education credit, the learner must register for the educational activity, study the provided journal article and complete the online learning Post-event Self-assessment, as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed within thirty (30) days of completing the article, Post-event Self-Assessment and Evaluation. Contact CE@ACCP1.org with any questions.

Disclosures:

Article Selection: Joseph S. Bertino Jr, PharmD, FCP, FCCP, Editor-in-Chief, JCP and Owner, Bertino Consulting Inc. Nothing to disclose.

Planner: Steven J Crosby, MA, Assistant Dean, MCPHS Univ. Nothing to disclose.

CE Reviewer: Claude Abdallah, MD, Anesthesiologist, Children's National Health System. Nothing to disclose.

Schedule & Fees

JCP monthly Journal CE articles are generally released on the 1st or 2nd Tuesday of each month. They are priced in packages of January to December for each year. Packages are available at no cost to ACCP Members and \$75/calendar year to Non-members. Once you register, you have access to all of the Journal CE articles for the calendar year.

Acknowledgement of Financial Support

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Home Study Initial Release and Expiration Dates

Date of Issuance: 03/01/2020

Expiration Date: 12/31/2022

Helpful Tips

Download the article and access the Self-assessment Post-test, Evaluation and Certificate [here](#).

Learn how to print your CME/CPE Certificate [here](#).
