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Neonatal and Childhood Outcomes in Offspring of Pregnant Women Using Antidepressant Medications: A Critical Review of Current Meta-Analyses
February 2021 – *The Journal of Clinical Pharmacology* (JCP)

Why is this article important to you?

It has been well documented that depression and anxiety disorders affect a considerable proportion of pregnant women. These disorders can lead to noteworthy impairment in social, occupational and family functioning. In recent years, it has been demonstrated that maternal psychiatric disorders during pregnancy may be associated with negative outcomes in the offspring. Several meta-analyses suggest that mothers with depression and anxiety disorders during pregnancy had increased risk of low birthweight and preterm birth. Learners that complete this educational event will be able to apply evidence for consideration of issues impacting the prescriptions of SSRIs or any antidepressants to women who are pregnant.



Joint Accreditation Statement

In support of improving patient care, the American College of Clinical Pharmacology® (ACCP) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UAN: JA4008220-0000-21-006-H01-P– ACPE 1 Contact Hours

Activity Type: Knowledge-based **Format:** Home-study **Target Audience:** 'P'

ACCME Designation Statement

The Accreditation Council for Continuing Medical Education designates this Journal CE activity for 1 *AMA PRA Category 1™* credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Target Audience

Interprofessional team of Physicians, Pharmacists and PhDs.

Learning Objectives

After completing this activity, the learner will be able to:

1. Recognize the impact of confounders with cohort and case control studies;
2. Be able to assess the risk of prescribing an SSRI/any antidepressant during the stages of pregnancy;
3. Identify important covariates that should be described and evaluated in meta-analysis reports;
4. Interpret the significance of the analytical results for their practice.

Requirements to Receive Credit

In order to receive continuing education credit, the learner must register for the educational activity, study the provided journal article and complete the online learning Post-event Self-assessment, as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed within thirty (30) days of completing the article, Post-event Self-Assessment and Evaluation. Contact CE@ACCP1.org with any questions.

Disclosures:

Article Selection: Joseph S. Bertino Jr, PharmD, FCP, FCCP, Editor-in-Chief, JCP and Owner, Bertino Consulting Inc. Nothing to disclose.

Planner: John T Callaghan MD, PhD, Associate Professor of Medicine/Pharmacology & Toxicology, Indiana Univ. Nothing to disclose.

CE Reviewer: Michael W. Jann, PharmD, Professor, Univ of North Texas System Coll of Pharmacy. Nothing to disclose.

Schedule & Fees

JCP monthly Journal CE articles are generally released on the 1st or 2nd Tuesday of each month. They are priced in packages of January to December for each year. Packages are available at no cost to ACCP Members and \$75/calendar year to Non-members. Once you register, you have access to all of the Journal CE articles for the calendar year.

Acknowledgement of Financial Support

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Home Study Initial Release and Expiration Dates

Date of Issuance: 02/01/2021

Expiration Date: 12/31/2023

Helpful Tips

Download the article and access the Self-assessment Post-test, Evaluation and Certificate [here](#).

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