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MDMA-Assisted Psychotherapy for Treatment of Posttraumatic Stress Disorder: A Systematic Review With Meta-Analysis

April 2022 – *The Journal of Clinical Pharmacology* (JCP)

Why is this article important to you?

This article discusses current literature on the use of 3,4-methylenedioxymethamphetamine (MDMA)-assisted psychotherapy in the treatment of posttraumatic stress disorder (PTSD). MDMA, the intended active ingredient in illicit Ecstasy or Molly products, is a psychedelic that causes an elevated mood, feeling of bonding and increased energy. In MDMA-assisted psychotherapy, patients are subjected to two or three multi-hour sessions of therapy with a team of psychiatrists. The dosing of MDMA is used to allow the therapist to probe the underlying trauma without causing emotional distress. At the conclusion of this activity, learners will be able to learn about the trials in combined psychotherapy and articulate the need for new treatments of PTSD.



ACPE Accreditation Statement

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UAN: 0665-0000-22-005-H01-P– ACPE 1 Contact Hours

Activity Type: Knowledge-based **Format:** Home-study **Target Audience:** 'P'



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ACCME Designation Statement

The Accreditation Council for Continuing Medical Education designates this journal CE activity for 1 *AMA PRA Category 1™* credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Target Audience

Interprofessional team of Physicians, Pharmacists and PhDs.

Learning Objectives

After completing this activity, the learner will be able to:

1. Articulate the need for new treatments of PTSD;
2. Learn about trials in combined psychotherapy;
3. Learn about the methodology problems used in such trials.

Requirements to Receive Credit

To receive continuing education credit, the learner must register for the educational activity, study the provided journal article and complete the online learning Post-event Self-assessment, as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed within thirty (30) days of completing the article, Post-event Self-Assessment and Evaluation. Contact CE@ACCP1.org with any questions.

Disclosures:

Article Selection: Joseph S. Bertino Jr, PharmD, planner for this educational activity, has no relevant relationship(s) with ineligible companies to disclose.

Planners: Adam F. Cohen, MD, PhD, planner for this educational activity, receives consulting fees from InCyte Corp, Teva Pharmaceutical Industries Ltd, Biomed Venture Capital and Worg Pharmaceuticals Co Ltd. All of the relevant financial relationships listed have been mitigated.

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Schedule & Fees

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Acknowledgement of Financial Support

No financial support was received for this educational activity.

Home Study Initial Release and Expiration Dates

Date of Issuance: 04/01/2022

Expiration Date: 04/01/2025

Helpful Tips

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